

Cape and Island Orchid Society
(Affiliated with American Orchid Society & Orchid Digest Corp)



January Newsletter

Notice of Meeting

12:30 PM - January 14, 2024
St. David's Episcopal Church
205 Old Main St.
South Yarmouth, MA 02664

“Growing Hydroponic Orchids”
Mike Lincoln



Photo from “*A history of the Cape and Islands Orchid Society* (undated but in among a group of photos from the mid '90 – clearly he has growing orchids semi-hydroponically for a long time!)”

experimenting with hydroponic growing methods. Mike has won several awards for his orchids over the years, including American Orchid Society awards. He enjoys growing all types of orchids, but does have a particular fondness for *Phragmipedium*. Mike's other interests include photography, scuba diving, and travel.

Mike Lincoln got hooked on orchids 30 years ago, after buying one at Home Depot, and quickly catching "orchid fever." A longtime gardener and houseplant grower, his increasing interest in orchids led him to build his own backyard greenhouse, where he began

Members with last names starting A-K are encouraged to bring a main or side dish to share and those with last names starting L-Z are encouraged to bring an appetizer or a dessert.

In search of a better way to grow orchids, Mike had for many years subscribed to Growing Edge magazine, which focused on hydroponic growing methods. In the Winter 1996 issue, Mike read an article written by Wally and Barb Thomas, titled "Orchids and Perlite - A Perfect Match" (see <https://caios.org/wp-content/uploads/2023/12/Orchids-in-perlite-compressed.pdf> for a copy of this article). Dr. Thomas was President of the Vancouver (BC) Orchid Society and also a founding member of the Odontoglossum Alliance). After reading that article, Mike started experimenting with growing orchids in perlite, and found it much easier and more successful than other methods had been in the past. Mike is looking forward to sharing his knowledge of what he has learned and other tips to achieve orchid growing success.

As always visitors are welcome, you are encouraged to bring blooming plants for the show table and we will have raffle plants available.

Announcements

Ecuagenera pre-orders. With the exception of having paid their table fees, it looks like Ecuagenera (<https://www.ecuagenera.com>) will be a vendor at this year's show. They have a pre-order program where you can order at website prices and pick up at a local show avoiding some of the expenses of shipping, CITES, etc. *Their posted deadline for pickup at "Orchid Impressions" is January 5, 2024.* For all you species nuts out there, the number of species listed on their site rivals that of Andy's Orchids.

From Tina Balog:

Show Time is almost here!

I hope you are looking forward to watching the event evolve and grow into a spectacular display created by many orchid lovers for all to enjoy. There are many things you can do to help us create a memorable and fun event. You do not need to be an orchid expert to help, just willing to learn new things and work together.

Please look at your calendar for January 16-21 to see if you can spend a couple of hours over a few days creating this beautiful unique event. You can sign up at the meetings or call me directly to see where helpers are needed to sign up 508 540 5006.

We may need to borrow your house plants/ferns again this year. Thus far we have been unable to find a source of 9"-10" ferns that are within our price range. Plant rentals are now the same price to purchase the plants outright.

Please note the change in meeting venue

If you have plants for the show but can't bring them please call Tina or Brian or Michelle so we can arrange for pick-up and return of your plants. We need all the orchids we can get our hands on to create the CAIOS Orchid Impressions display

Developing CAIOS Display Ideas: We are creating a central floor display this year using a metal lichen green bridge over a narrow dry stream. Think Claud Monet's green bridge at Giverny. Created with orchids and smaller scale. We will be using some existing CAIOS props the distressed beige Victorian patio furniture and plant containers. There is always room for new people to join us in creating this stunning display of orchids. If you have ideas or props you think might work well talk, call, email either Lee Drescher or Tina Balog. Always looking for new Display Team Members please feel free to join us. Many of you have quite unique and sometimes amazing items we have used to create Award winning displays with in years past (beat up wooden skiff, milk cart & Tom's retro car). If you have an item for this year or some idea for the future feel free to take a photo send it along or bring your idea to a meeting.

Show Awards 2024. It's not too late to sponsor a Show Award for the 2024 event. It is a great way to support excellence in Orchid, or to honor a person in your life. There are several categories you could consider sponsoring that are available. We currently give cash awards in the \$50-\$100 range as determined by the individual sponsor. Please Contact Tina if you want to discuss options.

Sign Up – Sign Up – Sign Up to Volunteer at the Show if you can't be at a meeting Call Tina 508 540-5006

Schedule of events for CAIOS 2024 show

Tuesday Jan.16 2024: Moving Day

Need folks mid-morning with trucks and larger vehicles at Falmouth storage.

- Weather dependent, move Show equipment from storage facility in Falmouth area to event venue,
- Set up lights, CAIOS display infrastructure, Judging Equipment, Hospitality Room.

Wednesday Jan 17, 2024

- Tuesday tasks if weather didn't cooperate

Please note the change in meeting venue

- Anyone with Orchid Plants should deliver their plants mid-morning to early afternoon so plant grooming and label making can be accomplished early as possible
- Mark all Plants with your Name and Phone # with marker & or tape
- Do you want to enter it for ribbon judging? If you do and can review the Judging Schedule on the caios.org website for what you believe is the correct category for each orchid you wish to register. These will be posted as soon as they arrive from judging team.
- Plant Registration forms will be available at caios.org Show page under Plant Registration tab; these will be posted as soon as they arrive from judging team. There will be people on site to help with this task as it can take some practice.

Thursday January 18, 2024: Create Displays & Data Entry for Plant Judging

- Plants for CAIOS display must be delivered by 10am on Thursday to guarantee inclusion in the display.
- Orchid plant entries for Judging close at 4:00pm Thursday. *Note – this may be moved forward to 5 PM Wednesday.*
- Insure your plant is registered for Plant Judging by 4pm – you should see a white tag attached to your plants in the display.
- There are lots of jobs for everyone during this daylong set-up.
- CAIOS will continue to have a Hospitality Room as we have in the past for lunch. Coffee & Tea service will be available in the main event room through the day.
- If you can, please bring hot, cold foods, deserts etc. to share in the hospitality room (This day plus Saturday and Sunday - We will have a Signup sheet for Saturday & Sunday at the next two meetings).
- This is the day that the other societies and the vendors arrive and set up their displays (and vendors their sales areas).

Friday Jan 19th: Ribbon & American Orchid Society Judging

- **Ribbon Judging 8:30-12 noon**
- **American Orchid Society Judging 1:30-5pm**
- Need large number of people to sign up to clerk for Ribbon Judging 8:30-12noon.

Coffee & cold Danish and wonderful hot lunch* is provided for all volunteers who clerk that day. * For menus see below

- Preview Banquet* & Awards 6pm – 10pm

Please note the change in meeting venue

- Finalize set up Front Door, Membership Table, Education Area for Opening

*** Lunch Menu**

CHICKEN GUMBO SOUP

FRISÉE APPLE & DRIED CRANBERRY SALAD WITH A BALSAMIC GLAZE

TUSCAN CHICKEN

Chicken breast with spinach, tomato, and a garlic Parmesan cream sauce

PORK FLORENTINE

Stuffed with spinach, croutons, cheddar and pan gravy

RICE PILAF

SAUTEED JULIENNE VEGETABLES

DESSERT

CRÈME BRÛLÉE

With seasonal berries

***Dinner Menu**

ITALIAN SAUSAGE LENTIL SOUP

GRILLED ROMAINE SALAD WITH SWEET POTATO AND PUMPKIN SEEDS

BAKED SOLE

With crab meat stuffed with kalamata olive and funnel beurre blanc sauce

SHORT RIBS

With a red wine demi glaze

CHICKEN BREAST

Stuffed with buffalo mozzarella, roasted red peppers & basil with a tarragon cream sauce

IRISH COLCANNON

ROASTED CARROTS WITH HONEY BUTTER GLAZE

DESSERT

BANOFFEE PIE

Saturday Jan 20th & Sunday Jan 21st: Show Opens to Public 9am-5pm

- Staff Front Door
- Staff Membership Table & Bark Bark Bark CAIOS Fundraiser sales
- Helpers for Hospitality Room
- Introduce Speakers throughout Day

Sunday Jan 22nd – Break down – 5pm until complete

- Kind of all hands-on deck is needed for this effort. It's really amazing it takes days to put together and a few hours to remove.
- Plants need to be carefully removed from the display and organized by owner and who is responsible for taking them offsite.
- If you cannot be there at the end of the day to pick up your orchids or house plants please let us know. We do not want your plants lost or damaged.
- Last, all the lighting equipment and other materials are returned to Storage Facility in Falmouth that evening if possible. Larger props may need to be removed then as well that evening.

Please note the change in meeting venue

Tickets for lunch and dinner can be purchased on our website (caios.org) or by contacting our treasurer, Dayle Carrol-Teal, 433 Shorewood Dr., E. Falmouth. MA 02536 (purchase no later than Jan. 14, 2024)

From the Board of Directors. Brian has negotiated our return to the Cape Cod Fairgrounds in East Falmouth, but not on a full-time basis for this year. For those upper Cape members this is likely good news, for those lower and outer Cape members maybe not such good news. We recognize that there is not a single venue that allows for a short easy drive to meetings for all members and that both the fairgrounds and St. David’s have their advantages. For a while, we will be using both the fairgrounds and St. David’s so please take the time to read the newsletter noting the venue for the month’s meeting (***I’ll continue to highlight the venue in red and use the “please note” footer anytime there is a switch from the previous month***). To help with your planning I have included a table with the 2024 schedule to the extent that we know it. One change from previous years is that the potting workshop has been move to March and we will return to the pre-COVID format of having at a single location (as opposed to 4 members’ homes). We have evaluated our first experiment with Zoom presentations and feel that while there were some rough patches it is worth another try. We will continue our experimentation of Zoom presentations in February with Arthur Chadwick of Chadwick and Sons Orchids. He will be speaking on Classic Cats.

Tentative 2024 schedule

Date	Venue	Speaker/Event
Jan. 14, 2024	St. David’s	Mike Lincoln - Semi-Hydroponic Culture + show stuff
Feb. 11, 2024	Fair Grounds	Arthur Chadwick (Zoom) Classic Cats
Mar. 10, 2024	St. David’s	Potting workshop
Apr. 14, 2024	Fair Grounds	Jean Stefanick Native Orchids
May 19, 2024	TBD	TBD
Jun. 9, 2024	Fair Grounds?	Alan Koch
Sep. 8, 2024	Private Home	Picnic
Oct. 20, 2024	TBD	TBD
Nov. 10, 2024	TBD	David Sorokowsky
Dec. 8, 2024	TBD	Solstice Party/Auction

Please note the change in meeting venue

Healthy plants wanted for the raffle table. If you have unwanted plants you can always donate them to the raffle table – if you are going to donate a plant or plants please call or email Tina Balog so we can coordinate the number of society plants we offer.

It's time to renew your membership! Membership includes monthly meetings that offer abundant opportunities to see, learn about and acquire a variety of orchids, monthly newsletters (emailed or snail mailed directly to you) and free admission to our annual show. ***You can now pay dues on line at <https://caios.org/join-caios/>.*** If you wish you can do it the old fashioned way (paper, pen, check, envelope, stamp) using the form on the last page of the newsletter:

Spring show season is also fast approaching. As you can see from the schedule below, there are two shows scheduled for February, one in March and we can anticipate at least another show this spring. If you are interested, please consider taking the lead on installing a society display this Spring. If you don't feel comfortable taking the lead, consider signing up to help and begin to learn the ropes. Again, Tina, our ace show chair, is the person to see. *Placing society displays at other societies shows is essential to the success of our show (it's a quid pro quo thing – in the good sense of phrase).*

Upcoming Events

Meetings:

See table above

Shows:

January 20-21, 2024, ***Cape and Island Orchid Society's "Orchid Impressions"***.

Location: Emerald Resort and Hyport Conference Center, 35 Scudder Avenue, Hyannis, MA 02601. Contact: Tina Balog, 508-540-5006, dglover@whoi.edu

Feb 24-25, 2024. ***Amherst Orchid Society Show.*** Location: Smith Vocational and Agricultural High School, 80 Locusts Street, Northampton, MA. Contact: show@amherstorchidsociety.org

March 01-03, 2024. ***2024 New Hampshire Orchid Society Annual Orchid Show and Sale "Cosmic Colors"***. Location: Courtyard Marriott, Nashua, NH 2200 Southwood Dr., Nashua, NH

March 16-17, 2024. ***Nutmeg Orchid Society Show "Come see our bloomers"***
Location: West Hartford Meeting & Conference Center, West Hartford, CT

Judging:

Please note the change in meeting venue

January 6, 2024, 10am – 3pm - Northeast Judging Center - Boylston Site. *Websites*
 -<https://www.facebook.com/AOSNortheastJudging>,
<https://www.nejcaos.org/home>; *email* - Robert Winkley
northeastjudgingcenter@gmail.com; *phone* 617.282.7351

Past events

Our Annual Auction and Winter Solstice Party was held on December 10th. The society provided roasted meats and assorted drink and Society members brought appetizers, side dishes and desserts. Good food was in abundance and members enjoyed a hearty meal and good fellowship. About 20 people attended the auction with Brian Leib and Bob Findlay serving as auctioneers aided by Mike Lincoln who feed the auctioneers plants and Marsha Fredericks, Michelle Wolf and Dayle Carroll-Teal who recorded results and collected funds. Overall, the auction was a success and even though attendance was down by ~20% the Society still netted ~\$1,500 for our treasury. A most heartfelt thank you to everyone who came out and purchased plants, to members who donated plants for auction and to the orchid sellers who either donated plants or provided plants at wholesale pricing.

CAIOS Board of Directors 2022-2023

Co-President	Marsha Fredricks	508.694.6279	busywomance@comcast.net
	Brian Leib	401.965.1358	bleibume@gmail.com
Vice President	Michele Wolf	914.391.0543	michelemjw@comcast.net
Secretary	Lee Dresher	508.548.0155	mrstreas@comcast.net
Publicity	Are you interested?		
Directors	Tina Balog	508.540.5006	dglover@whoi.edu
	Mike Lincoln	508.873.4890	mflincoln@comcast.net
Show Chair	Tina Balog	<i>as above</i>	
Newsletter	Bob Findlay	774.801.2594	rfindlay2022@outlook.com
Correspondent & AOS representative	Bob Findlay	<i>as above</i>	
Treasurer	Dayle Carrol-Teal	508.246.3487	dayle54@aol.com
Webmasters	Brian Leib	<i>as above</i>	
	Bob Findlay	<i>as above</i>	
Membership	Christine Hight	508.349.3225	christine.hight01@gmail.com
Monthly Program Chair	Millard Hennessee	617.763.3276	podiver@hotmail.com

Please note the change in meeting venue

Membership Form:

Name(s) _____

Address _____

Phones Home _____ Mobile _____

E-Mail _____

Newsletter will be emailed unless snail mail requested *Check here for snail mail* ____

DUES are \$25 for individuals, \$35 for households. Enclosed: \$ _____

Donations to help CAIOS run are always appreciated. Donation: \$ _____

Total: \$ _____

Send to membership chair: Christine Hight, 46 Springline Dr., Wellfleet, MA 02667
508-662-3936 or 508-349-3225; christine.hight01@gmail.com

Please note the change in meeting venue