



## The Giant ORCHID Potting Workshop The Third Sunday, May 19, 2013 at 1:00 PM

THE ADMINISTRATION BUILDING OF THE BARNSTABLE COUNTY FAIRGROUNDS  
1220 Nathan Ellis Hwy, (Rt. 151) East Falmouth MA 02536 (White fences on North side of Hwy.)

**Thank you** to Joe Silva for sharing his experience and expertise as a second-generation orchid grower. He discussed the different types of orchid planting media used over the years including the most recent Orchiata™ bark. Growers are finding Orchiata™ bark has beneficial properties of lasting a minimum of 3 years and enables you to simply pot on to the next size pot leaving the existing bark intact around the root system. In addition Orchiata holds water and nutrients on the outside layer of each chip, as well as creating a slightly rough surface that is perfect for roots to anchor to. It is not necessary to wash or soak before using, you can use it right out of the bag.

Joe also discussed using Nutricote time-release fertilizer. It will not burn plants and there is no flush nutrient release. Nutricote contains N, P, and K with high nitrate nitrogen content or Nutricote Total blends contain all essential micronutrients for your plants. Nutricote may be used as top-dressing and may be used in conjunction with liquid fertilizing. Top-dress with a Nutricote Total blend, 1-2 teaspoons for each 4"-6" pot.

His discussion was very informative and a great prelude to this month's Giant Potting work shop.

### The Giant Orchid Potting Workshop is here! (no raffle or show table this month)

Once again this is the opportunity to repot numbers of your plants. Daryl Yerdon of Kelley's Korner Orchid Supplies will be here to sell to CAIOS, and each of us, needed potting media, tools, fertilizers, pots and even books ("Orchids for Dummies"). With help from more experienced growers, each member can pot and have potted a reasonable number of plants, using materials supplied by CAIOS. Bring your stuff, even bring special pots to use. Expect to get your hands dirty and dress warmly as needed for this outdoor (under the tent) affair. Please warn the Society (Tom G. 508 540-2054) if you have a giant Cymbidium to repot so that a BIG machete and big pots can be brought. Bring boxes to carry your plants home in; crumpled newspaper in box will reduce tip over and careful labeling will prevent LOLAS and lost value. **1:00PM!**

If you need bark or any orchid supplies, sprays, fertilizer etc., you can **Pre Order** from Kelley's Korner and save shipping cost, which can be brutal for bark. KK has a good catalog, so ordering anything ahead will ensure delivery at the meeting. -- <http://www.kkorchid.com/> -- Kelley's Korner Orchid Supplies, PO Box 539, Milford, NH 03055-0539 Phone: (603) 673-9524 Fax: (603) 673-9524.

E-mail [info@kkorchid.com](mailto:info@kkorchid.com) NO SHIP CHARGES!

Warm up indoors with refreshments, coffee & tea. Goodies provided by **MEMBERS A - G PLEASE!** See the KK online catalogue and preorder if you want anything orchidaceous with **NO SHIPPING COSTS!!!**



**Announcements:** (Don't Forget the Society Webpage -- [www.caios.org](http://www.caios.org))

From *Nimtuk*, our webmaster:

**This coming January**, The Cape & Islands Orchid Society Celebrates 25 Years, A Silver Anniversary.

To commemorate the occasion, CAIOS is putting together a favorite recipes cookbook "Cooking CAIOS". We would like to include all our "Solstice Party Favorites". For example; Ginny's Amazing Carrot Soup, Tina's Ultimate Macaroni & Cheese, Gail's Curry Rice Abodanza. Joyce's Perfect Smoked Pork & Ultimate Sauce, Monica's Smokin Blue Fish, Mikes Quahog Chowda. Oooh, have I named names?

Let's not forget the monthly extravaganza of delectables. Who brings the meatballs? The Stuffed Mushrooms? Those lovely cheese filled fluffy things? You know who you are ... we want the recipe! Tina's Chili, Ron's Chili ... who else brings chili? Monica's hospitality deserts, Joyce's cookies & breads, Joan's Sumptuous Soups ... if we eat it ... we want the recipe!!! Won't this be fun?

Please send your digital recipes to: [webmaster@caios.org](mailto:webmaster@caios.org)

Or make a copy, add your name to the page & mail to:

Tina Balog  
64 Carol Ave.,  
E. Falmouth MA, 02536

### **Orchids Questions – Answers – Helpful Hints**

A Member writes: *"I'm new to growing orchids and recently purchased a Phalaenopsis. Can you tell me how to care for it?"*

First –Welcome to CAIOS! Here are some basic requirements for you Phalaenopsis. (**Ed. from [beautifulorchids.com](http://beautifulorchids.com)**)

**PHALAENOPSIS (fal-en-OPP-sis)** - These plants are commonly referred to as "Moth Orchids" and are considered among the easiest of the orchid family to care for as well as the most recognizable. The long-lasting flowers bloom perfectly for up to three months, providing you ample return on your investment. The flowering intervals vary with each plant, and you may be treated to a bloom as often as twice a year. Phalaenopsis have become one of the most popular variety of orchids because of their low maintenance and delicate balance of poise and elegance.

**Temperature:** Much the same temperature range as we do. The minimum temperature at night is 60-65 °F, while the average daytime temperature should be around 75-85 °F. Occasional deviations will not harm your plant, except when it is in bud - chilly temperatures may cause the plant to stop budding.

**Light:** Phalaenopsis will flourish indoors under normal lighting conditions, with indirect sunlight being the most advantageous. Caution should be used when placing a Phalaenopsis in direct sunlight due to the fact that its leaves burn easily from too much exposure to the sun.

**Water:** Water often enough to keep continuous moisture just below the surface of the medium, but be cautious of over-watering. Watering once a week is normally sufficient to keep your plant healthy and happy.

**Humidity:** Phalaenopsis enjoy moist air, with a humidity level of 55-75% being ideal. Placing your plant over a tray or dish of water can increase moisture. Separate the pot and tray with pebbles or small stones to raise the height of your plant and ensure that it does not sit directly in the water.

**Feeding:** Good results may be obtained by using a high-nitrogen fertilizer year-round at 1 teaspoon per gallon of water. Feed your plant once a month. In this instance, less is more. So be sure not to overdo it.

**Repotting:** Plants should be repotted every other year and, because they grow upwards without spreading, can go back into the same sized pot. A medium-grade wood bark works well with the base of the bottom leaf at the surface of the medium. Water sparingly until new roots are well established.

**Note:** When the last flower drops, cut your flower spike halfway down the stem. Continue caring for it and wait for a possible rebloom

Do you have a hint to share with members, or question regarding your orchids? Send your hints or questions to [OakH35@yahoo.com](mailto:OakH35@yahoo.com)

## Upcoming Events

**Silva Orchids** is the home of the Shore Orchid Festival held annually in June (7,8,9) The festival boasts 20 vendors from around the world with AOS Judging, free lecture and workshops. For more info visit their web-site at [silvaorchids.com](http://silvaorchids.com)

**J&L ORCHIDS' ANNUAL Summer Sale, June 28th thru July 7th.** All J & L Stock is 15 % off, plus we will have a large bargain bench! We have been busy dividing many of our stock plants and have recently received exciting shipments...

The first weekend, June 28, 29, and 30, we have GUEST VENDORS, special workshops and great food. The workshops are Sunday, June 30, and include the following topics - Phalaenopsis Culture and West Coast Orchids for East Coast Growers. In addition the Connecticut Orchid Society will be sponsoring a repotting clinic Sunday morning. Please check our website for more details.

Carrie of The Orchidphile, will be bringing a variety of blooming novelty phalaenopsis including many miniature multifloral types, rare species, and lots of fragrant selections. She will be releasing, for the first time, some of the unique phalaenopsis purchased during her March trip to Taiwan. Carrie will give a phalaenopsis culture workshop particularly addressing plants potted in sphagnum moss, Taiwan style.

Lauris from Cal-Orchid will have a wide range of species and hybrids, many in bloom and spike, and she always brings more plants than will fit her tables, so there will be lots of great choices. This is a super opportunity to buy plants from this popular west coast company and to get first hand cultural advice about growing their orchids. Lauris' culture workshop is always humorous and very informative.

As usual we will provide a delicious picnic lunch of fried chicken, veggies and dip, chips, watermelon and lemonade. Come and spend the day with us! There is ample room to sit outside and picnic or just relax. We look forward to seeing you!

J&L Orchids, 20 Sherwood Rd. Easton, CT 06612, (203) 261-3772 [www.jlorchids.com](http://www.jlorchids.com)



# This is your Last Newsletter unless dues paid

Paper copies have a **Red Dot** if you have **not** paid  
Newsletters by E-mail have a **message below** only if dues unpaid.  
Please check with the treasurer if questions  
781 452-2030

You appear to be paid up !!!

Membership dues annually starting in January 2013 - \$20.00  
Each additional member at same address is only \$10.00 more.  
Forms are also available at meetings

Please mail this form or this information along with a check payable to CAIOS to:

Jack Martinelli  
7 Samoset Ave.  
Duxbury, MA 02332-5206  
(Or -- return to any CAIOS Officer at meetings)

Name(s): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Telephone\*: \_\_\_\_\_

Cellphone\*: \_\_\_\_\_

Email\*\*: \_\_\_\_\_

\*\*Use for Newsletter and any correspondence, late breaking news, faster, saves CAIOS postage and color will look better. Also please let us know if your e-mail address changes so we can update your information.)

Newsletter preference: (Please check one)      Email: \_\_\_\_\_      Snail Mail: \_\_\_\_\_

\*Optional

## June Meeting: to be announced

Our Tina at a  
Mass. O. S.  
Show



### CAIOS:

- Prez. Tom Gregg 508 540-2054 tf.gregg@verizon.net
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7 Samoset Ave. Duxbury, MA 02332
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- Webmeister Nimituk 508 888-4087 webmaster@caios.org
- Correspondence and AOS Rep. Tom Gregg, 26 Pond Rd. Falmouth, MA 02540

Motto: Orchids grow **WILD** where CAIOS Reigns!

Articles, pictures welcome anytime!

# 1:00PM!

**Remember!** Got a good plant? **American Orchid Society** Judging on first Saturdays at the **TOWER HILL BOTANICAL GARDEN**, West Boylston, MA, near Worcester. **10:30 AM** - student or judges' presentations. Serious but often a lot of laughs. Lunch is Brown bag or deli sandwich (nearby farm stand) or good cafe with view. Mayflower season! **Afternoon**, see/join AOS judging. Learn to speak orchid! - 495N to 290W, off at Churchill St., Go Rt 3.5 mi., nearly to end, Sign on Rt, Free, just say "Orchid Judging" at gate. (11 French Drive, Boylston, MA 01505 - 508 869-6111) <90 min. from CC Canal, Easy drive, ? car pool.